

2017 - BIOS AND COURSE DESCRIPTIONS

Friday - April 28, 2017

Keynote Presentation: Friday, April 28, 2017 – 9:30 to 12:30 (Topic Sponsored by Dentsply Sirona)

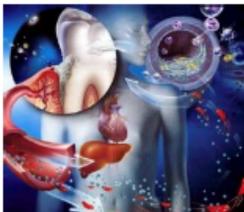


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Turning the Hygiene Visit into a Wellness Visit: The role of the dental hygienist.



Course Description

It is time to make your patients' regular visits less about beauty and more about health. The bi-directional link between oral and systemic diseases means dental hygienists can play a role in managing their patients' oral and overall health. Co-managing the diseases that dentistry has in common with medicine is the next big thing! This course will show you how to do it.

Add value to your recall routine by screening your patient for cardiovascular disease, dysregulated blood sugar, sleep apnea, stress, nutritional deficiencies and the other lifestyle factors that are necessary for a lifetime of health.

A clear strategy for partnering with medicine in a way that helps your practice and your patients will be presented. This is a fast-paced learn-it-today-use-it-tomorrow seminar which is supplemented with practice management materials which makes managing patient's oral and overall information easy and efficient.

Objectives:

1. Fully understand the inflammatory link between oral and overall health.
2. Learn an efficient diagnostic system for identifying patients with systemic health concerns.
3. Master the medicine knowledge necessary to assess systemic conditions that our patients have in common with medicine.
4. Learn which lab test to order for patients and how to interpret the results.
5. Develop a practice management protocol to use the oral/systemic link to increase case acceptance and to increase referrals from medicine.
6. Develop a strategy for staying current with emerging oral/overall health research.



Timothy Donley DDS MSD is currently in the private practice of Periodontics and Implantology in Bowling Green, KY. Dr. Donley is a sought-after speaker whose courses are always highly rated. His forte lies in taking the latest research and packaging it in a way that makes sense. He is a lecturer with the ADA Seminar Series and has lectured world-wide. Dentistry Today recently listed him among its Leaders in Continuing Education. Dr. Donley co-authored the first-ever comprehensive textbook on ultrasonic debridement. He lectures and publishes frequently on topics of interest to clinical dentists and hygienists.

Friday PM Mini-Sessions

Topic: Inclusive Dentistry: Empowering Independence Through Effective Communication Strategies

Friday pm - 2:00 to 4:30

Michele Engele & Dallas Tetarenko

Michelle Engele is a Saskatoon speech-language pathologist with over 24 years of experience working in public health, hospitals, schools, and long-term care. She has a passion for helping people of all ages improve their understanding and expression. She has developed specialized dental patient education tools to help children ages 3-8 understand dental procedures.

Dallas has been working within the human services sector for over 10 years. During this period of time, he has supported individuals with intellectual disabilities and their families to access supports and resources to live inclusively in their chosen communities. Dallas has advocated for sustained, meaningful, systemic change and has provided an increase in opportunities for self-advocates being the drivers of a variety of community initiatives. When he is not at work, Dallas hosts his own radio program, is an artist that draws and sculpts, and likes to spend lots of time with his family and friends.

While most people with intellectual disability do not pose significant behavior problems that complicate oral care, anxiety about dental treatment occurs frequently. People unfamiliar with a dental office and its equipment, instruments and procedures may exhibit fear and anxiety. Some individuals will demonstrate uncooperative behaviours, while others may avoid all routine dental visits and exams. You can make oral health care a better experience by comforting your patients and acknowledging their anxiety. During this presentation, you will be provided with strategies and ideas to foster an inclusive environment and experience that will empower people with intellectual disabilities to maintain better oral health care through the development of trusting relationships with professionals.

Topic: Work-Life Balance & Wellness; Making it a Reality

Friday pm - 2:00 to 4:30



Jenn Minor Johansson

Jenn, with JMJ Coaching, is an Executive & Wellness Coach, a speaker, a Child & Youth Counsellor and the creator of numerous wellness retreats and series for both children and adults. Jenn's experience prior to JMJ Coaching includes her functions as senior HR Manager, QA and HR Consultant.

Jenn left the traditional 'boardroom' over 4 years ago now, and has organically grown her business to include such disciplines as: Human Resources and Business Speaking, Executive, Life, Wellness and Relationship Coaching, Child and Teen Counselling and Consulting.

During this interactive workshop we will collaborate together to inspire awareness of your current wellness 'state'. Only then can we invite acceptance and explore your readiness to enhance overall balance and wellness. Come together with Jenn and your colleagues to creatively and strategically look at practical solutions to bring greater wellness to your personal and professional lives.

Topic: Working in Long-Term Care: An Oral Health Care Model

Friday pm - 2:00 to 4:30



Dr. Raj Bhargava, Chris Gordon, Kerrie Kreig, Terrie Donald

You will hear from dental team members on their responsibilities, and how each of you, along with a dental practitioner, can establish an oral health care program in your local long-term care facility.

The Saskatoon Health Region long term care dental program is a model that can be simulated in any health region. During this presentation, you will hear how a multidisciplinary health and dental team approach will take a long-term care resident from an oral assessment upon admission, to a 3-month dental hygiene/fluoride varnish program, to be free of dental caries.

Topic: Tobacco and Diabetes: A Focus on Oral Health Considerations

Friday pm - 2:00 to 4:30



Jenna Anderson

Jenna Anderson is a Certified Diabetes Educator, and a Pharmacist, graduating with a Bachelor of Science in Pharmacy degree from the U of S. Jenna is employed at the University of Saskatchewan in the College of Pharmacy and Nutrition where she instructs students, and coordinates students' experiential education.

Jenna is also a part-time Clinical Pharmacist at Safeway Pharmacy. As a clinical pharmacist, Jenna works with community stakeholders on projects related tobacco cessation in Saskatchewan, and in her clinical practice she offers diabetes management education and smoking cessation services. Jenna partners with various branches of the Saskatoon Health Region, as well as with many healthcare practitioners.

This course will discuss the impact that Diabetes and tobacco use have on oral health, and oral health conditions linked to both diabetes and tobacco use. The course will explore factors associated with tobacco use and Diabetes that lead to development of oral health conditions, as well as the severity and treatment of oral health conditions. Brief interventions from healthcare professionals that lead to tobacco cessation and better diabetes management will be discussed, as well as an outline of available resources for patients.

Saturday - April 29, 2017

Breakfast Sessions - 8:00 am - 9:15 am

1. **CDHA Update: What does the CDHA do for you?**
2. **The Lighthouse Supported Living Inc. – Sponsored by The SDAA**

The Lighthouse exists to help people reach their potential by providing emergency shelter, supported living, and affordable housing for anyone who are in need of a place to call home. They are committed to caring for the poor, marginalized, and the hard to house. They believe that community has the power to bring about positive change in everyone, and everyone has the potential to bring about positive change in the community.

Saturday AM Mini-Sessions

Topic: Professional Practice Discussion

Saturday am - 9:30 to noon



Kellie Watson, RDH, MBA

Kellie graduated from the U of M, School of Dental Hygiene in 1995 and has been involved in the dental/health field in many capacities since that time. In 2005, she completed an MBA specializing in Health Services Management from the U of S. Upon completion of her MBA, she has served as Registrar–Executive Director for both the College of Dental Hygienists of Manitoba (CDHM) and the SDHA. She is committed to upholding the standards of the dental hygiene profession, has been instrumental in developing programs and services for both the CDHM and SDHA, and is passionate about working collaboratively with others to improve the oral and overall health of the people of SK.

This session will include a review on appropriate record keeping, and discussion about how dental hygiene treatment time should be billed, and general jurisprudence, ethics and scope of practice discussions. It also will allow an opportunity for a Q & A period so that members can inquire about anything they may need clarification on.

Topic: Culturally Responsive Health Services Delivery

Saturday am - 9:30 to noon



Roberta Desnomie & Farrukh Syeer - Open Door Society

The presentation will be an opportunity to explore together the nature, scope and varied manifestations of culture with a view to understand the similarities and differences existing among the world cultures. This cross cultural understanding will be applied to digging out the best practices to ensure culturally responsive health related service provision.

Topic: A Practical Approach to the Prevention of Workplace Injuries

Saturday am - 9:30 to noon

Kregg Ochitwa, BScPT, CWCE, CredMDT

Kregg has been a licensed physical therapist in SK since 1995. Except for a short period of time working in Iceland he has worked in Saskatoon. Currently Kregg is the owner of North 49 Physical Therapy and his caseload continues to be quite diverse. He presently treats patients with musculoskeletal conditions, patients with balance and dizziness disorders, and is a team member on multidisciplinary assessment and treatment teams for third party insurance patients. He has also been the team therapist for several local sports teams. In regards to sport injuries Kregg has also assisted recreational athletes to professional players from the CFL and NFL in recovering from their concussion. Special interests include vestibular therapy, temporomandibular disorders, sports injuries, and injury prevention.

In 1999, Kregg participated in the Ergonomic Evaluation Certificate Program through Matheson and Associates. Since then he has been working with injured workers in determining what modifications can be made to the work place to facilitate their return to work, as well as performing injury prevention seminars to groups ranging from local high schools to large scale employers, having also presented internationally.

Presently Kregg is a member in good standing with the Canadian Physiotherapy Association (CPA), Sports Therapy Divisions of the CPA, and the SK Sports Medicine and Science Council. He is a past member of the Icelandic Physiotherapy Association. He is currently registered as a physical therapist with the SK College of Physical Therapists.

The presentation will take an interactive approach in reviewing risk factors for developing musculoskeletal complaints. From the information provided one will also understand the principles for preventing and managing musculoskeletal complaints.

Topic: A Review of Local Anesthetic Administration: Mysteries and Realities

Saturday am - 9:30 to noon



Salme Lavigne, PhD, RDH

Salme was the founding Director of the dental hygiene program at Confederation College (Thunder Bay, ON); Associate Professor & Chair of the Department of Dental Hygiene at Wichita State University (Wichita,KS); and Professor & Director, School of Dental Hygiene at the University of Manitoba. Currently, she holds the title of Senior Scholar at the University of Manitoba and is the Scientific Editor of the Canadian Journal of Dental Hygiene (CJDH).

Salme holds a Diploma in Dental Hygiene (University of Toronto), a BA in Biomedical Anthropology (Lakehead University), a Master of Science in Dental Hygiene Education (University of Missouri-Kansas City) and a PhD in Community Health Sciences and Epidemiology (University of Manitoba). She has served as President of the Canadian Dental Hygienists Association; Chair and Councilor of the Section on Dental Hygiene Education for the American Dental Education Association, Commissioner, Commission on Dental Accreditation of Canada and was the Chair, Board of Directors of the Canadian Foundation for Dental Hygiene Research and Education. Salme is the recipient of Alumni of Distinction Awards from the University of Toronto and the University of Missouri-Kansas City (UMKC) School of Dentistry and recently received the Life Membership Award from the Canadian Dental Hygienists Association.

In addition to being the Scientific Editor of the CJDH, she is also currently a reviewer for three international journals, has authored chapters in three textbooks, has numerous publications in both national and international peer reviewed

journals and has delivered over 100 continuing education presentations in Canada, the US, Scandinavia, Holland, Italy, Switzerland, Australia, China and South Africa. Her research interests lie in periodontics; oral-systemic health connections; community health and the aging baby boomers. Salme has three adult children and currently lives part time in White Rock, British Columbia, Canada and Piriac-sur-Mer, France.

This course will provide a comprehensive review of the administration of local anesthetics for dental hygienists. The review will include the pharmacokinetics of both local anesthetics and vasoconstrictors; contraindications & adverse reactions; commonly used local anesthetics currently on the market; as well as a discussion of the landmarks of less frequently used injections such as the Gow Gates and Infraorbital injections. The presentation will be followed by a question/answer period.

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A BETTER PERIO DEBRIDEMENT PROTOCOL

Step-by-step guide for when to treat, what to use, how to use it.

COURSE DESCRIPTION

Every day a significant number of patients walk into dental offices with legitimate periodontal needs. There are now, more than ever, compelling reasons to address these needs. Successful periodontal therapy depends on successful debridement.

This course presents evidence-based protocols to maximize chances for resolving patients' periodontal disease. From mechanical debridement to local antibiotic therapy to laser debridement, the emphasis is on what, when and how. The course takes a *learn it today – use it tomorrow* approach. Attendees leave with a clear understanding and an evidence-based game plan to implement improved periodontal debridement strategies immediately upon returning to the office.

Periodontal and Systemic Health

- The latest information regarding the links
- Tools to identify priority patients

Protocol for Diagnosis

- Determining what sites to treat
- Why we've been focusing on the wrong thing

New Biofilm-based Treatment Philosophy

- It's time to rethink etiology
- It's not just about plaque and calculus

Demystifying Debridement

- Calculus – what are the options, what is best
- Biofilm – what are the options, what is best

Maximizing Ultrasonic results

- New research on inserts
- Strategy for insert selection
- The staged approach
- Which machine to buy

Realistic approach to adjunctive therapies

- Local antibiotic therapy – which and when
- Lasers – what we know for sure

Do more than just clean teeth

- Changing the mindset of your patients
- What to do starting tomorrow

Saturday PM Mini-Sessions

Topic: Tools to Optimize Nutritional Health While Maintaining Pleasure in Food

Saturday pm – 1:00 to 2:30 pm



Brooke Bulloch, RD (BSc) Registered Dietitian and owner of Food to Fit in Saskatoon.

Brooke Bulloch is a Registered Dietitian and owner of Food to Fit, a nutrition consulting practice in Saskatoon. Brooke earned a BSc from the University of Saskatchewan in 2009. Her experience base began with the Saskatoon Health Region working in acute care, community health, population health promotion, and long term care.

In 2012, Brooke began her consulting practice and now has 3 associate dietitians who work with her part time. Food to Fit supports individuals and families in the areas of infant feeding, family meal planning, gastrointestinal health, weight management, bariatric surgery, vegetarian eating, sport nutrition, and eating disorders. Services are tailored to each unique client focusing on sustainable outcomes that align with goals.

Brooke has been featured in a variety of Canadian press including: CBC and CKOM radio, The Globe and Mail, Huffington Post, Canadian Living, Chatelaine, Inside Fitness, and has a monthly spot on Saskatoon's Global News Morning. Brooke has also represented Dietitians of Canada as media spokesperson since March 2014. Brooke is passionate about promoting home-cooked meals, getting back to the basics, and is an advocate for the local food economy. She values the importance of food preparation and cooking skills as tools for health and wellness.

'Tools to Optimize Nutritional Health While Maintaining Pleasure in Food': Eating well is not just about ensuring we get the right balance of whole foods - most of us know we need to eat more whole vegetables and fruit! A huge part of optimal nutritional intake, is understanding our own relationship with food, recognizing barriers that make it difficult to eat well, and bringing attention to WHY and HOW we eat. This short presentation will have participants exploring strengths and barriers around food, and reflecting on their food environment – supportive or sabotaging? We will discuss (and practice) mindful eating concepts and take a look at 5 practical and sustainable principles to optimizing WHAT we eat without compromising taste, values, or cultural preferences.

Topic: Team Building

Saturday pm – 2:30 to 4:00 pm



Terri Sherven

Terri has been a Human Resources/Office Manager for over 10 yrs and a Certified Coach for the last 3 yrs. During her time in human resources she has had the privilege to be involved in the strategic planning and vision of a highly successful practice. She was also involved in the initial set up of 2 speciality practices. Terri has learnt what works to build an awesome team and what does not work! In her time in this role she found herself leaning towards a coaching model for staff and doctors. It has always been a passion of hers to help others see their potential. In 2013, she became a Certified Coach through Expedition Coaching. Terri is a lifelong learner who is always looking to improve. She is a firm believer that life is a journey and our role is to grow, learn and add value to others.

Join Terri to learn what a successful dental team looks like. What does it take to make and maintain a successful dental team? What is your role? What works? What does not work? How do we find a way to work together, have fun, be productive AND look forward to the next workday? This is not easy, but it is possible! We will talk about some strategies that you can take back and implement in your office. Terri will share specific issues and challenges that are common place in dental offices and she will offer some real-life solutions.